

# QIARA<sup>®</sup>

## INFANT

### Steph's Story

"Gut health is SO important to us ...  
We have been using this to help  
with her colic ... It has been  
SO helpful settling her tummy! "



image courtesy of @hellomsteph



Probiotics isolated from breastmilk that support you every day.  
QIara Infant probiotics are available in individually sealed sachets or drops. No refrigeration is required.

# Good bacteria for a healthy microbiome

## Ideal for infants aged 0 – 24 months

### Did you know?

An infant's microbiome can be disrupted by for many reasons including mum's diet, medication, hereditary factors, birth mode and feeding choices. Antibiotics, which are commonly used during pregnancy, birth and breastfeeding can also upset the balance of good bacteria in infants.

Evidence based Qiara Infant is suitable for all infants, including those with colic, reflux, unsettled after feeding or experiencing diarrhoea, constipation, cough or cold.

Qiara Infant, contains a probiotic strain isolated from breastmilk\* to support gastrointestinal health and positively help their microbiome. Breastmilk provides natural probiotics and essential nutrients to help infants develop a balanced immune and digestive system.

*\*Qiara Infant is listed on the Australian Register of Therapeutic Goods and is not a substitute for breastmilk.*



image courtesy of @helloinsteph

### Why Qiara probiotics are different

Qiara probiotics are isolated from breastmilk giving unique benefits for all infants.



Increase good bacteria growth



Restore gut flora during & after antibiotics



Support gastrointestinal health



Dosage is based on evidence-based research



Australian Made & owned

# QIARA<sup>®</sup> INFANT

Available as liquid drops or powder sachets



## Two convenient dosage methods

Compare	QIara Infant Drops	QIara Infant Sachets
Format	Oral Liquid	Oral Powder
Quantity	Contains 7.5 ML 37 x 6 drop doses	Contains 28 sachets
Expiry	24 months after manufacture. Discard 90 days after opening	24 months after manufacture
Delivery	Dose direct to baby	Add to food or drink

QIara probiotics are free from dairy, eggs corn, gluten and soy. Contains no animal products.

### Dosage Guide

0 – 3 months	3 drops once daily	½ sachet per day
4 – 24 months	6 drops once daily	1 sachet per day
During or post antibiotics	0-3 months 3 drops twice daily	0-3 months ½ sachet twice daily
	4-24 months 6 drops twice daily	4-24 months 1 sachet twice daily

Take 2 hours before or after antibiotics

Contains no animal products, gluten, nuts, soy, corn, or yeast.



QIara is available across a range of products designed to support you through each life stage.

# Stories

Hear what other mums say about how Qiara helped them and their families.



"I did a post about this and a lot of suggestions came through. Willbys colic mix and Qiara was highly recommended. She has been on (this) for 2 weeks and she has improved so much. She is much more relaxed, able to burp and pass wind ...and the probiotics helped to build good bacteria and a stronger stomach"

@thebabyadvisory ★★★★★

"My 4 month old baby boy has been having this probiotic for the last 3 weeks and I have noticed a huge improvement with his tummy troubles he's had since birth. Great product and easy to give to baby!!"

@GabrielaM

★★★★★



She's been using Qiara since her daughter Isabella was six weeks old after it was recommended to help with colic & help prevent mastitis. "She's almost six months old ... and she was cured from colic symptoms almost immediately". Sydney Morning Herald

Liza Rozen Gray ★★★★★

"Qiara is the only probiotic to contain the same bacteria found in our breastmilk with proven research. It will help speed up the process of maturing his digestive system so he can break down the milk better himself. With colic mix and Qiara Infant, within one hour he was passing gas and the sound asleep for 5 hours. 100% recommend Qiara" @babycenter.com.au

@IrelandP

★★★★★



## QIARA®

Puremedic  
HEALTH

For further information seek the advice of your healthcare professional.

Connect with us on socials and tag us with your Qiara experiences #qiaramums

For more detailed product information, purchasing & to join our loyalty club visit:

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